

in the works

October 2017

McLAREN BIKE PARK





EVENTS



11/2

Office of the Chief Medical Examiner Ribbon-Cutting

Come celebrate the grand opening of the new Office of the Chief Medical Examiner! The new and improved Office of the Chief Medical Examiner building at 1 Newhall St. in the Bayview is a seismically safe structure designed to meet national accreditation standards and serve the needs of a 21st-century San Francisco.



11/8

Harvey Milk Plaza Illumination

Join the Friends of Harvey Milk Plaza and renowned arts collaborative Illuminate as they unveil two light art installations to commemorate the 40th anniversary of Harvey Milk's election to office.

Harvey Milk Plaza
Market and Castro streets
6 p.m. to 8 p.m.



11/18

Community Clean Team in District 9

Join us for the final Community Clean Team event of the year! Community Clean Team is our longest-running and largest volunteer program that keeps San Francisco beautiful through landscaping and gardening projects, graffiti removal and litter cleanup in our neighborhoods.

John O'Connell High School
2355 Folsom St.
9 a.m. to 12 p.m.
(Registration begins at 8:30 a.m.)

11/11

Veterans Day



San Francisco Veterans Memorial

11/23 - 11/24

Thanksgiving Holiday



AWARDS

International Architecture Awards 2017

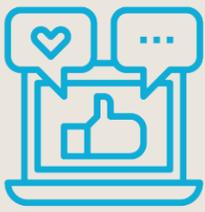
The Chicago Athenaeum: Museum of Architecture and Design and The European Centre for Architecture Art Design and Urban Studies awarded the San Francisco Public Safety Campus an [International Architecture Award for 2017](#) in the Civic Centre category. Public Works managed construction of the project and provided design services.



2017 City Partner Award

Kudos to Julia Brashares of our Community Programs team. She received the [2017 City Partner Award](#) from San Francisco Beautiful.





SOCIAL MEDIA



SF Public Works @sfpublicworks · Oct 11
Fresh paving still steaming at Diamond Heights Blvd! Expect minor delays. Crews expect to finish by 6pm today.



1 3

Tony Edwards @tedwards947 Follow

Replying to @sfpublicworks

So happy for the new pavement! Feels luxurious 🚗👍

1:06 PM · 11 Oct 2017

2 Likes

Malia Cohen
October 10 at 2:30pm · 🌐

Thank you to this stellar San Francisco Public Works crew for prepping 4101 3rd Street @ Hudson for a neighborhood pumpkin patch! Please stop by (now through 10.31.17) and support!



San Francisco Public Works, TheTrent WilliamsShow, Michael Fernández and 13 others · 2 Comments

Like Comment Share

Aaron Peskin @AaronPeskin Following

Grateful no injuries in #CafePuccini fire though it devastated beloved spot. THANK U @sfpublicworks 4 clearing sidewalk debris within hours.



11:54 PM · 10 Oct 2017

3 Retweets 7 Likes

Comment 3 Like 7

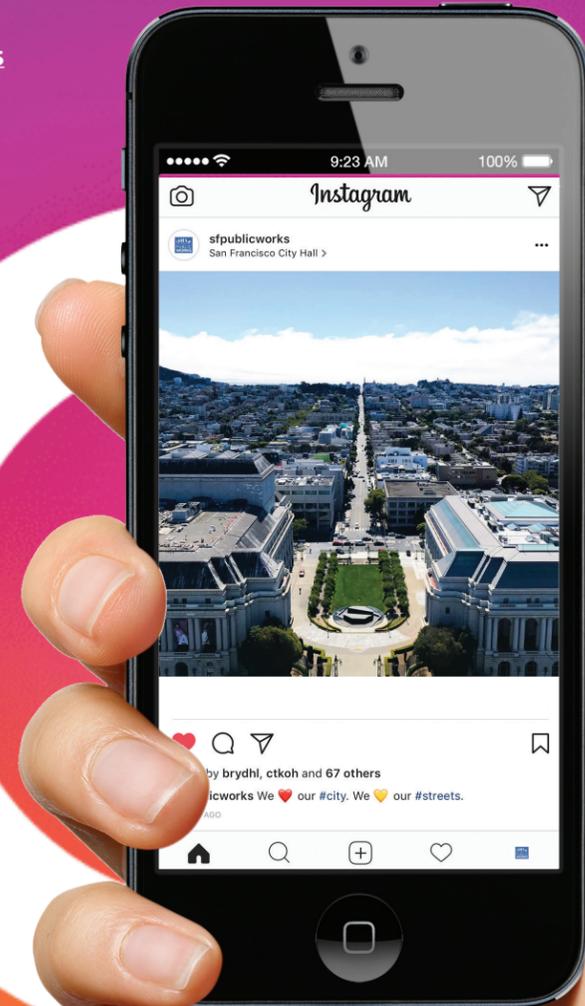
Johnson Hor @johnsonhor Follow

@MrCleanSF just wanted to say thanks for having Nancy Wong help D3. She is an example of @sfpublicworks sfpublicworks.org/about/core-val...

10:16 PM · 29 Sep 2017 from San Francisco, CA

Comment Like 2

Follow us at [sfpublicworks](https://www.instagram.com/sfpublicworks) for a unique perspective on San Francisco – from the eyes of those who work hard to keep the City clean, green and beautiful.



Follow us on Instagram



PUBLIC WORKS



PUBLIC WORKS  EP.0004

HANGIN' WITH MR. CLEAN SF:

 **Planting a Partnership**



SIGN UP 

EPISODE 0004 - 10/27
Hangin' with Mr. Clean SF
at Sisterhood Gardens

Public Works Director Mohammed Nuru (@MrCleanSF) sits down with community leader Marc Christensen to reminisce about how Sisterhood Gardens came to fruition.

EPISODE 0001 - 10/6
A Little Alcove

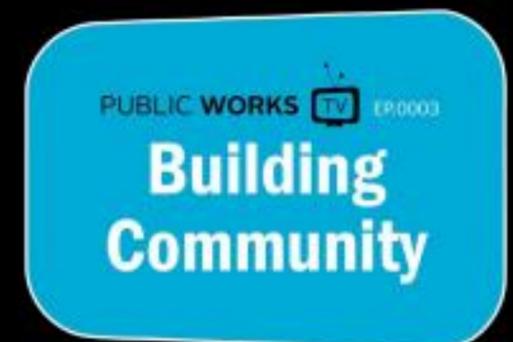
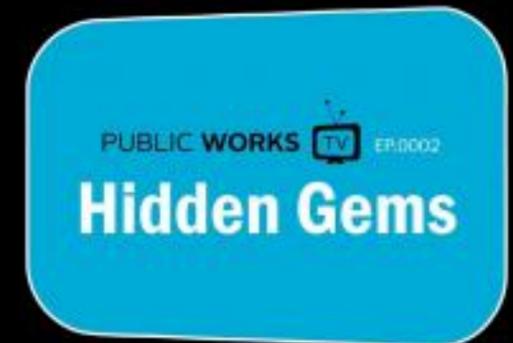
Join us as we bring you inside the making of one of San Francisco's Navigation Centers – a new kind of homeless shelter for people who have been living in sidewalk encampments.

EPISODE 0002 - 10/13
Hidden Gems

Get an insider's look at 50 of our favorite hidden gems in San Francisco.

EPISODE 0003 - 10/20
Building Community

Come along as we glimpse some of the hard work that goes into Community Clean Team. This monthly event is San Francisco Public Works' longest-running and largest volunteer program that keeps San Francisco beautiful through landscaping and gardening projects, graffiti removal and litter cleanup.



WE ROCKED IT

Specialized crews successfully brought down a large boulder and other loose rock to temporarily stabilize ►

Specialized contractor crews knock loose chert off the rocky hillside adjacent to O'Shaughnessy Boulevard in Glen Park.





► the rocky hillside adjacent to O’Shaughnessy Boulevard in the Glen Park neighborhood to protect against future rockslides.

The hillside work to remove the rock in a controlled manner necessitated the closure of the busy roadway for one day, on Oct. 21.

Crews had been on the slope for a similar operation in January to knock down loose rock, but a recent assessment by geotechnical engineers found that one boulder, in particular, remained in danger of sliding down the hill and needed to be removed before the winter rains.

Public Works managed the project and an outside contractor, Soil Engineering Construction, Inc., was brought in to perform the work with expert crews who also are trained rock climbers.

Public Works will perform a more permanent hillside restoration next spring. ■





Raymond Lui in his San Francisco office.

When Hurricane Irma threatened to hit Florida early last month, Raymond Lui's personal cell phone began to buzz and he had a strong suspicion he'd be trading his white and blue Public Works hat for one made of Kevlar.

Sure enough, two days later, the chief structural engineer for Public Works, found himself on a charter bus bound for Florida and ready to assume another role: structural specialist for the Federal Emergency

Management Agency (FEMA) Urban Search and Rescue Task Force.

For nearly two decades, Lui has been on call for national emergencies – both natural and man-made. Though his task force, based in Menlo Park and comprised of about 80 members, does not mobilize often, it must always be ready for assignment. In fact, Lui has not one, but two, emergency “go” bags that are always packed with personal protective equipment, manuals, mini-binoculars, tape, gloves, knives and PowerBars.

That ready-for-action approach is something Lui brings to his

Public Works projects, which range from hillside stabilizations and recreation centers to police firing ranges and the seismic upgrades of fire stations. His engineering job, he admits, is intrinsically linked to his role at FEMA. “To me, it’s all interconnected because I get to see how buildings fall apart and it helps me design a better building,” Lui says.

Running parallel to Lui’s City career – he worked previously at the Department of Building Inspection and has been with Public Works

for the past seven years – is an ongoing commitment to emergency response. He’s currently the chair of the Disaster Emergency Services Committee of the Structural Engineers Association of California and an evaluator and trainer for the Governor’s Office of Emergency Services. On top of it all, the San Francisco native, husband and father of two admits he hasn’t given up his longstanding dream of becoming a firefighter.

Lui worked side-by-side with FDNY firefighters in the month following 9/11 terrorist attack, assessing debris and helping with their efforts to

recover bodies at the World Trade Center. “My primary job was to keep everyone safe during the search,” he recalls. The surreal element of the experience was compounded by the fact he was assigned the night shift and was transported downtown in an old state penitentiary bus.

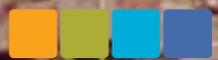
Lui’s motivation to join the FEMA task force was sparked by the bombing of the Federal Building in Oklahoma City in 1995. The following year, he enlisted and became part of a crew that includes engineers, doctors, firefighters, hazmat specialists, and three black Labrador retrievers.

The crew, one of eight in California and 28 nationally, trains about 120 hours a year in nearby military airfields and as far away as Alaska. One of Lui’s proudest accomplishments with the group was a trip to Taiwan to help the country implement its first search and rescue team following the 1999 Jiji earthquake.

Despite the destruction Lui has seen up close, he remains upbeat and ready for the next challenge. The biggest takeaway from his experiences? Without a doubt, he says, it’s the old mantra: “Don’t sweat the small stuff.”

Structural engineer Raymond Lui (second from left) stands at Ground Zero after 9/11 attack on the World Trade Center.

DISASTER MASTER KEEPS HIS ‘GO’ BAG PACKED

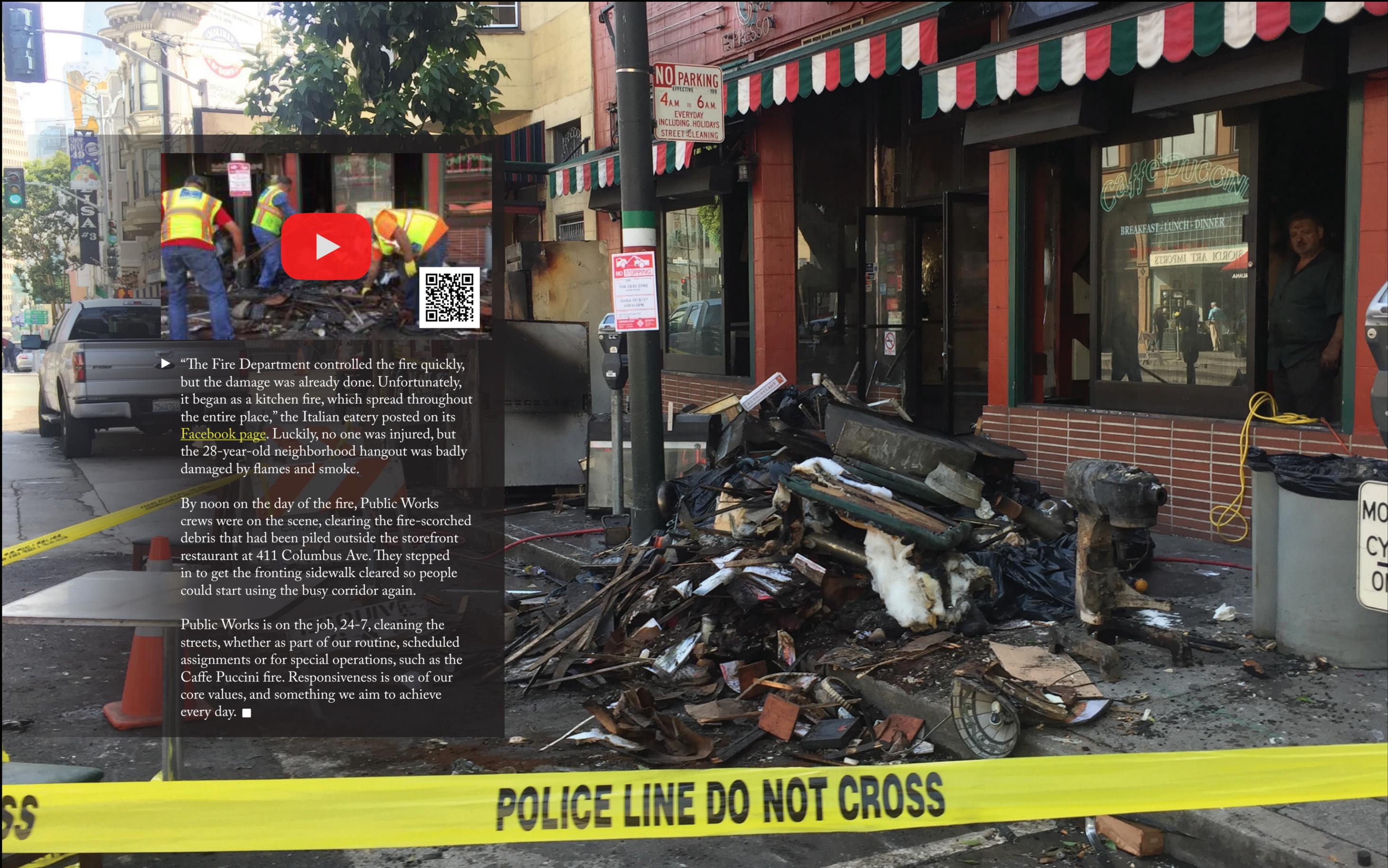


Fire Ignites Quick Response

Before dawn on Oct. 10, a fire broke out at Caffe Puccini on Columbus Avenue in the heart of North Beach. ►

Street cleaning crews shoveled up charred and smoky debris after a fire gutted a North Beach restaurant.





► “The Fire Department controlled the fire quickly, but the damage was already done. Unfortunately, it began as a kitchen fire, which spread throughout the entire place,” the Italian eatery posted on its [Facebook page](#). Luckily, no one was injured, but the 28-year-old neighborhood hangout was badly damaged by flames and smoke.

By noon on the day of the fire, Public Works crews were on the scene, clearing the fire-scorched debris that had been piled outside the storefront restaurant at 411 Columbus Ave. They stepped in to get the fronting sidewalk cleared so people could start using the busy corridor again.

Public Works is on the job, 24-7, cleaning the streets, whether as part of our routine, scheduled assignments or for special operations, such as the Caffè Puccini fire. Responsiveness is one of our core values, and something we aim to achieve every day. ■

POLICE LINE DO NOT CROSS





The Reopening of Russ Street Aims to Deter Public Nuisances

Located on Russ and Minna streets in the heart of the South of Market was Tutubi Plaza, an experimental public open area designed to serve the community in a neighborhood dense with housing but short on outdoor gathering spaces.

The plaza opened in 2011 with the intent of offering nearby residents a common space to breathe fresh air and create a stronger sense of community.

Although the original concept of the plaza had community in mind, it ultimately became a space that attracted drug use, muggings, street fights and heightened safety concerns. Several incremental fixes, including pruning trees to improve lighting, removing outdoor seating and increasing street cleaning, were tried but failed to improve the situation.

After meeting with neighbors, community leaders and nearby business owners and listening to their concerns, City officials decided that the South of Market plaza should be switched back to a working street, allowing full access to motor vehicles and bicyclists – an attempt to discourage unsavory activity.

Once transportation officials gave the green light to reopen Russ Street traffic earlier this year, our Bureau of Urban Forestry got to work and removed the bollards that blocked the right of way to vehicles and made other improvements to the roadway and landscaping.

The work was completed this month, with the hope that the change will bring the desired improvements to the neighborhood.

BMX enthusiast
Anthony Arcega
wallrides at the new
McLaren Bike Park.

MCLAREN BIKE PARK
mbp



SF's First Bike Park

San Francisco's first-ever
bicycle course opened in
McLaren Park this month,
providing BMX and
mountain bike riders ▶





A bicyclist and his canine companion rolled up to check out the new bike park.



► an opportunity to test their two-wheeling prowess as they maneuver the challenging course designed for both people new to the sport and those who are more seasoned.

The new Recreation and Park Department bike park, carved out of what was once little more than an asphalt-covered dumping ground, offers jumps, slaloms, sloping trails and two curved wooden walls.

"This is great to have in the neighborhood. We've been waiting a long time. It's really a lot of fun," said Anthony Arcega, who lives down the street and was testing the new

course on a recent afternoon. The McLaren Bike Park has been nearly a decade in the making. It was in 2008 when McLaren Park neighbors and the group McLaren Bike Park Founders approached the City to ask for a place where kids could learn to ride bikes safely. That was followed by years of planning, design, environmental review and a hunt for funding. The \$1.1 million project was paid for with a combination of sources, including a federal grant and a local parks bond. Public Works provided construction management services.

Located at 2015 Sunnydale Ave., down the hill from Gleneagles Golf Course in McLaren Park, the McLaren Bike Park is what boosters hope will be the first phase of a larger vision to create a cross-country trail loop, jumps and other biking amenities – protected from traffic.

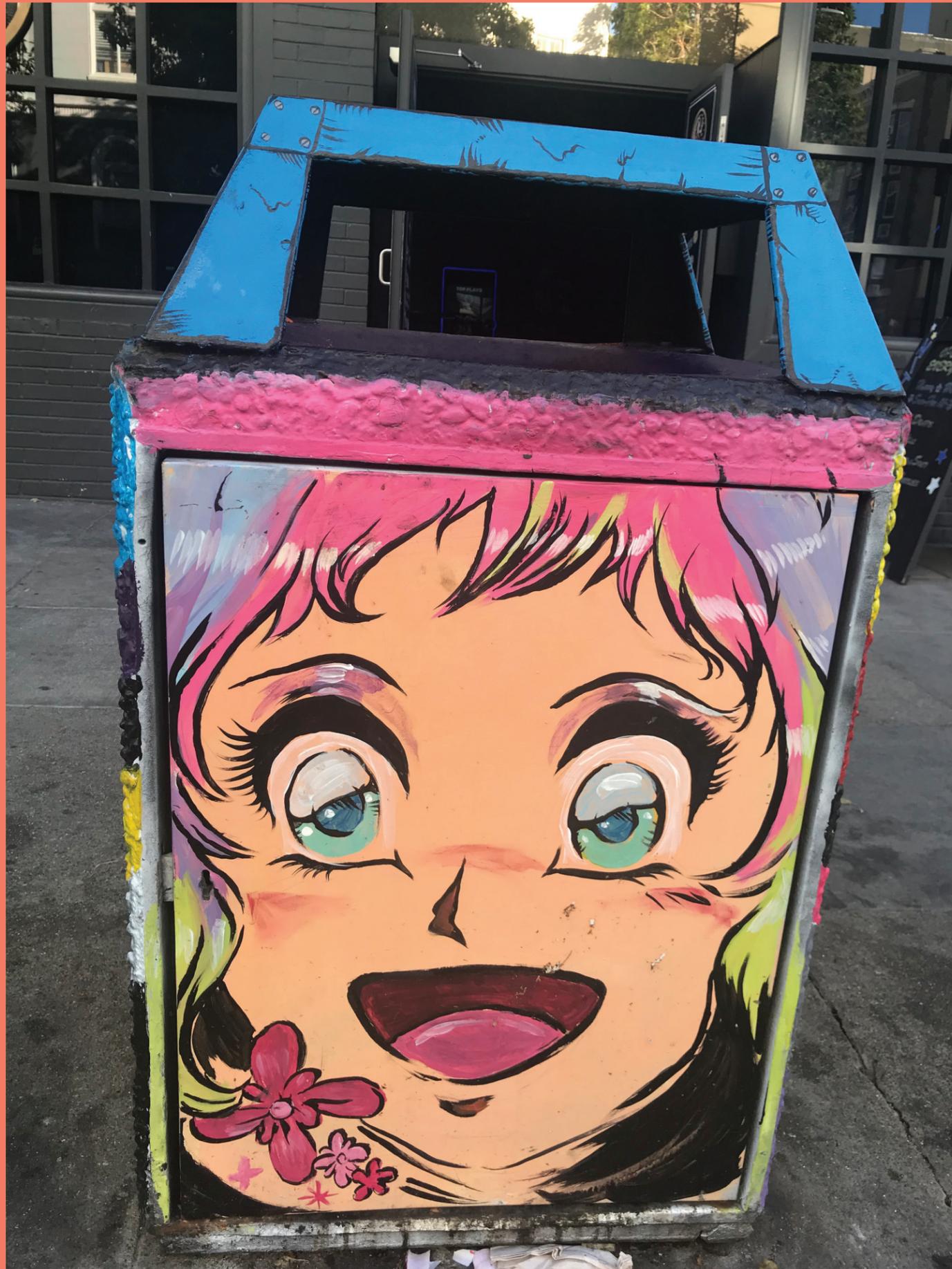
If you get a chance, jump on your BMX or mountain bike and check out the newest healthy and fun recreational opportunity in San Francisco. ■

Don't Trash These Murals

Commissioned artists used creativity and paint to transform 22 of our public garbage cans in the Tenderloin into unconventional canvases to highlight the culture and diversity of the neighborhood. ►

Muralist Nico Berry paints a Tenderloin garbage can with an image of Billie Holiday.









► The project, sponsored by the Central City SRO Collaborative, Tenderloin Museum and the Tenderloin Housing Clinic, is the latest effort to improve the Tenderloin with murals and other public artwork. The neighborhood is at once gritty and vibrant – and always buzzing.

The Public Works garbage cans, made out of concrete and metal, weigh 900 pounds apiece and normally are assigned a dark green paint job.

In addition to the garbage can

murals, 20 of SFMTA's traffic-control boxes were wrapped with vinyl art wraps. In all, seven Bay Area artists worked on the initiative, called Art Wraps for the Heart of the Tenderloin. The pieces can be found in the area bounded by Golden Gate Avenue, Larkin Street, O'Farrell Street and Taylor Street, and provide passersby a delightful surprise.

Earlier this month, San Francisco artist Nico Berry was kneeling on a street corner at Golden Gate and Jones streets spray-painting a concrete can, using pale yellow, orange and

magenta to bring an image of jazz great Billie Holiday to life.

As he was working, he spoke of the likelihood that life on the streets would alter his mural. After all, this is a working garbage can, where people toss half-filled coffee cups, greasy burger wraps, plastic bags filled with dog waste, used syringes, apple cores and the like. And, at times, other people rummage through it.

"This will change, I know," Berry said of his creation. "That's part of what makes this so interesting." ■





Drivers and bicyclists are going to see – and more importantly feel – a big difference when they travel along The Embarcadero and Diamond Heights Boulevard, thanks to fresh paving.

Resurfacing work along The Embarcadero that stretches from Broadway to Folsom streets began this month and is scheduled for completion by Nov. 9. Crews from our Bureau of Street and Sewer Repair have been working overnight to minimize traffic disruptions on the busy corridor.



Public Works crews resurfacing The Embarcadero at night.

PAVING PROGRESS





The repaving of Diamond Heights Boulevard in the Diamond Heights neighborhood, performed by an outside contractor, is the last phase of an extensive infrastructure improvement project. Other upgrades included new sidewalks, guardrails, water and sewer lines and ADA-compliant curb ramps.

Public Works crews and our contractors have treated a record 3,800-plus blocks over the past five years to make the roads safer and smoother for all users. More to come!

Contractor crews paving Diamond Heights Boulevard.





Little ones learned about curb ramps at Sunday Streets in the Excelsior.

SF Ramps Up

Making San Francisco accessible for all users is one of our goals at Public Works, and the construction of ADA-compliant [curb ramps](#) is one of the primary means to help get us there.

If you know of a location where a curb ramp is needed, please contact the City's [311 customer service center](#). We want to hear from you!

Our curb ramps team also goes out into the community to promote this important initiative and answer questions. On Oct. 1 we were tabling at [Sunday Streets in the Excelsior](#), and lots of folks stopped by to chat and check out the materials used to make curb ramps.

Here's how the curb ramp request process works:

- residents contact 311 to request a curb ramp
- the request goes to a disability access coordinator and is entered into our database
- the location is inspected and plans are crafted, with Public Works providing engineering to design the curb ramps
- the schedule for design and construction is prioritized internally in partnership with the Mayor's Office on Disability
- the curb ramp is built!

Trick-or-Cleaning in the Richmond!

Nearly 200 volunteers consisting of friends, families, classmates and City staff joined forces this month at the District 1 Community Clean Team event in the Richmond District.

The Oct. 28 workday came just in time for Halloween. Our volunteers had a blast tidying up local schools, parks and commercial corridors ensuring they would be ready for the hundreds of trick-or-treaters in the City's northwestern neighborhoods.

The Community Clean Team fun began at Washington High School, where District 1 Supervisor Sandra Lee Fewer rallied the crowd and stressed the importance of volunteering and community service.

One group in particular who exemplifies what it means to give back to its neighborhood is the [Richmond District Neighborhood Center](#), which strives to nurture a diverse urban community and address critical needs of the people who live there. Eighty volunteers from the local organization came ready to work with positive, can-do attitudes! ▶



Some of our youngest volunteers spruce up the tree basins around Washington High School.



► The day's work included litter and debris removal around Washington High School, abating graffiti on street furniture inside Sutro Heights Park, restoring drought-tolerant plants at the Richmond/Senator Milton Marks Branch Library and spreading wood chips and pruning overgrown plants along Geary Boulevard between 28th and 33rd avenues. When the work

was wrapped up, everyone reconvened at Washington High School, where they celebrated a job well done and enjoyed a complimentary meal provided by [Pizza Joint](#), a local Richmond eatery located on Balboa Street.

Community Clean Team will be back next month! Join us for the final event of the 2017 season on Nov. 18 when we'll be sprucing up the Mission,

Portola and Bernal Heights neighborhoods in District 9. As always, registration begins at 8:30 a.m. and the speaking program begins at 9 a.m.

In the meantime, visit our volunteer page for more information about [Community Clean Team](#) and how to get involved with our other volunteer programs. ■



Volunteers from AmeriCorps tidy up the Inner Richmond.



Students from Lowell High School work on median landscaping on Geary Boulevard.



Supervisor Sandra Lee Fewer joins young volunteers and Public Works leadership at the kickoff of the Community Clean Team workday.



Building **Strong** Bodies and **Strong** Minds

Strong Bodies, **Strong** Minds. That was the theme this year at the 11th-annual Public Works employee health fair. ▶

Badminton courts were set up for fitness and fun at our annual health fair.

Hundreds of employees got a flu shot at the health fair.



Health care providers were on hand at the health fair to inform employees about their services.





Chair massages were one of the most popular offerings at the annual health fair.

► More than 800 employees from across the department gathered at our Operations Yard on Oct. 4 where they engaged in a wide variety of health-related activities, spoke to fitness specialists and learned how to better take care of their bodies.

There were plenty of activities, from push-ups to weight lifting, to get people to work up a sweat. Some took time to ease their stress and sooth their achy muscles through chair massages and acupuncture sessions. Other fellow employees took to action by getting flu shots and checking their cholesterol levels, blood pressure and heart rates.

And in true Public Works fashion, we had a blast playing around in life-sized human hamster balls, scaling a challenging rock wall and dancing to energetic beats with professional Zumba trainers.

Public Works employees are on the job 24 hours a day, every day of the year serving our great city. And in order to perform at our best, we have to keep fit and healthy. Our annual health fair helps keep us on the right track. ■





Our design team, including architects and landscape architects, got into the Halloween spirit on Oct. 31 with a pumpkin carving contest that unleashed a deluge of creativity. Check out their creations!

CARVING OUT CREATIONS







Partnering Practitioners



On a recent Monday afternoon, three Public Works employees were honored at a small but spirited ceremony to recognize their commitment to the City's partnering initiative.

The trio, Douglas Ullman, a project manager; Alex Murillo, manager of public affairs and communications for construction; and Michelle

Woo, a construction manager, have spent the past two years training to become certified internal Partnering facilitators. Two other City employees, SFO's Gloria Louie, manager of organizational development and special projects, and Maria McKay, a trainer with the City's General Services Agency, also received certification.

They will be called upon to help construction project teams solve problems, stay on time and on budget. The training curriculum, administered by the firm Global Leadership Alliance, known as GLA, focuses on ways to diffuse conflicts between a City project team and outside contractors before they escalate, with an aim to stave off litigation and to

foster cooperation for more effective project delivery. Murillo is a big believer in the process. "I've seen the positive effects of partnering and how it can ultimately save a project that could have been derailed. It gets everyone to put down their guard and go in with one goal – and that is to get it done," he said.

The trained facilitators will still perform their regular job duties and take on the partnering work as time allows. "To be an internal facilitator requires additional skill of neutrality; that is not easy to attain," said Sam Hassoun, founder of GLA. "Yet the graduates not only managed to endure the training hours

and days of actual facilitation on active projects, they also held a higher degree of integrity and neutrality, focusing on what's best for the project, and not just the needs of stakeholders."



21 DAYS IS ALL IT TAKES TO FORM A HABIT. THAT'S WHY IT'S IMPORTANT TO DEVELOP HEALTHY HABITS

TAKE A BREATH (15 minutes) twice/day
 CONSCIOUS RELAXATION WITH SLOW, DEEP BREATHS
 INHALE 1-2-3-4
 EXHALE 1-2-3-4-5-6
 DECREASES HEART RATE, STRESS AND BLOOD PRESSURE, SOOTHES NERVOUS SYSTEM

EAT YOUR FRUITS & VEGGIES
DRINK MORE WATER AIM FOR:

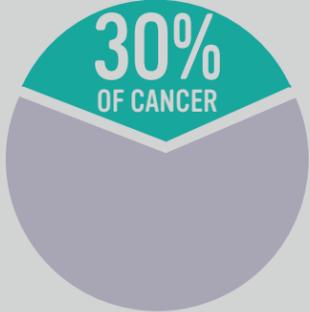
IN UNDER A WEEK, YOU CAN GAIN
 **+2LBS**
 DUE TO
LACK OF SLEEP
 (You burn more calories sleeping than you do watching tv )

 /DAY
= 22%
 RISK OF DEVELOPING
 TYPE 2 DIABETES



+2 YRS

 people who read books vs. who don't



MAINTAIN  
AVOID  

LIFE EXPECTANCY

Sit for more than 3 hours



-2 YRS

On average, people who complain live longer. Releasing the tension increases immunity and boosts their health.

1/2 HOUR x 6 DAYS = 40%
 PHYSICAL ACTIVITY PER WEEK LOWER RISK OF EARLY DEATH

LAUGHING  **x100 = 15MIN EXERCISE**
 ON A STATIONARY BIKE 

RHINORRHEA WORD OF THE MONTH
 [rahy-nuh-ree-uh], noun:
 excessive discharge of mucus from the nose. also known as runny nose.
 example: Sally used 5 boxes of Kleenex when she had a case of rhinorrhea because she forgot to get a flu shot this season.

88% OF U.S. CONSUMERS USE MOBILE DEVICES AS A SECOND SCREEN EVEN WHILE WATCHING TV





A street cleaner blasts away graffiti from a rock wall on Third Street in the Bayview.

